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NULYTELY OR COLYTE PREPARATION FOR COLONOSCOPY

Standard Preparation (1-04)

**Unless directed by the physician, if you take heart or blood pressure medication, you may take with only a sip of water at your normally scheduled time as well as take your inhaler at your normally scheduled time. *If you are taking Warfarin, Coumadin, Plavix, clopidogrel bisulfate, or diabetic medication, discuss this with the physician prior to your scheduled procedure date.*

- **STOP PRADAXA FIVE (5) DAYS PRIOR TO PROCEDURE.**
- **STOP EFFIENT SEVEN (7) DAYS PRIOR TO PROCEDURE.**
- No aspirin or aspirin containing products, Alka-seltzer, anti-arthritis or anti-inflammatory medications for seven (7) days prior to the scheduled procedure date. Tylenol is fine.
- No Metamucil, Fibercon, Citrucel or iron supplements five (5) days before your procedure.
- No vegetables for two (2) days before the procedure.

Fill your prescription for Nulytely or Colyte

Please follow the preparation carefully and call the office if you have any questions:

24 HOURS BEFORE YOUR PROCEDURE:

Start a clear liquid diet – water, apple juice, coffee, tea (without milk or nondairy creamer), broth, Jello, ices, (nothing red or purple).

Following the instructions for mixture of the Nulytely or Colyte, you will **prepare 4 liters** of the liquid. (Refrigerate for better taste). Drink as instructed below:

For a morning procedure, drink between 5 and 9 PM the night before. Continue clear liquids until midnight. **Nothing else by mouth (not even water) until procedure time.**

For a procedure scheduled after 2 PM, drink between 6 and 10 AM the morning of the examination. You may continue clear liquids until four hours before your procedure time. **Nothing else by mouth (not even water) four (4) hours before your scheduled procedure time.**

You must have someone to drive you home following the procedure due to the medication given at the time of the procedure. Please check with your insurance regarding authorization. PLEASE BRING YOUR MEDICATION LIST WITH YOU!