

Gastrointestinal Associates of Rockland
845-362-3200
Fax: 845-290-8180

FLEXIBLE SIGMOIDOSCOPY PREPARATION
Magnesium Citrate

You will need to purchase ONE (1) Fleet enema and ONE (1) bottle of Magnesium Citrate from the pharmacy.

No eating after 6 PM the evening before the procedure. **If you take heart or blood pressure medication, please take your medication early in the morning before your procedure with a small sip of water at your normally scheduled time as well as take your inhaler at your normally scheduled time.*

STOP PRADAXA FIVE (5) DAYS PRIOR TO PROCEDURE.

STOP EFFIENT SEVEN (7) DAYS PRIOR TO PROCEDURE.

No aspirin or aspirin containing products five days before procedure.

Bring your medication list with you!

AT 7 PM THE EVENING BEFORE THE PROCEDURE

- Drink one (1) bottle of Magnesium Citrate

ONE HOUR BEFORE YOUR SCHEDULED PROCEDURE TIME

- Take the enema.