

Gastrointestinal Associates of Rockland
500 New Hempstead Rd New City NY 10956
845-362-3200
Fax: 845-290-8180

GASTROSCOPY PREPARATION
“EGD”

No eating or drinking (not even water) eight hours before your scheduled procedure

time. **If you take heart or blood pressure medication, please take your medication early in the morning before your procedure with a small sip of water at your normally scheduled time as well as take your inhaler at your normally scheduled time .*

STOP PRADAXA FIVE (5) DAYS PRIOR TO PROCEDURE.

STOP EFFIENT SEVEN (7) DAYS PRIOR TO PROCEDURE.

No aspirin or aspirin containing products five days before procedure.

Female patients may be required to undergo a urine pregnancy test upon arrival.

You will need a ride home after your procedure. It will take approximately one hour from the time you arrive to the time you will be able to leave the office.

Dentures will be removed at the time of procedure.

Please bring your medication list with you!

***If your insurance company requires a referral from your primary doctor, please bring it with you at the time of your appointment.**